

SUSTAINABLE TRAVEL TIPS

Follow these tips to minimize the footprint of your adventures and give back to the places and communities that fuel your explorations.



Choose low carbon transport

Take the train or bus for trips closer to home. If flying, book non-stop flights in economy class. When renting a car, select electric or compact models. Walk, bike, or use public transit within the destination. Choose transport providers that prioritize energy efficiency and sustainable fuel.



Travel slowly, but efficiently

Spend more time in fewer places and plan itineraries that minimize travel distances to reduce transport emissions. Immerse yourself in the destination to deeply connect with the culture.



Support the local economy

Ensure your dollars stay in the community by booking locally-owned accommodations, dining at local eateries, hiring local guides, engaging in community-based tourism, choosing providers that employ local people, and purchasing goods from local artisans.



Respect communities and cultures

Learn about local traditions, adhere to cultural norms, and participate in authentic cultural experiences. Be considerate of local people and ask permission before photographing others.



Conserve water and energy

Choose accommodations with energy efficiency, renewable energy, and water-saving measures in place. Turn down the heat/AC at home before you leave and in your hotel. Decline daily housekeeping, take shorter showers, and turn off lights and electronics when not in use.



Minimize waste

Avoid single-use plastics by packing reusable items like a water bottle. Dine in rather than ordering takeout and opt for street food served in biodegradable packaging. Recycle and compost when possible, ensuring you follow local guidelines to dispose of your waste correctly.



Get off the beaten path

Combat overtourism by choosing less popular destinations and visiting during the off-season or non-peak hours. You'll enjoy less crowded experiences, reduce strain on popular destinations, and help distribute tourism benefits more evenly.



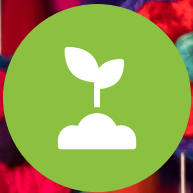
Try local, sustainable dishes

Order dishes made with seasonal, organic local ingredients and try more plant-based delicacies to lessen your foodprint, support local producers, and savor the destination's culinary heritage.



Engage in low-impact activities

Opt for low-carbon activities such as hiking, cycling, walking tours, or non-motorized water sports. Stay in designated areas; don't touch, feed, or disturb wildlife; and avoid unethical experiences that exploit communities or animals.



Offset your carbon footprint

Consider buying carbon offsets to compensate for unavoidable travel emissions. By doing so, you'll contribute to projects like forest conservation and clean energy that fight climate change.